



Heritage Forest

Address: Heritage Forest, Conway Street, Invermay

Meet: BBQ Area, Conway Street entrance of Heritage Forest.

Start: 1:00pm

Distances:

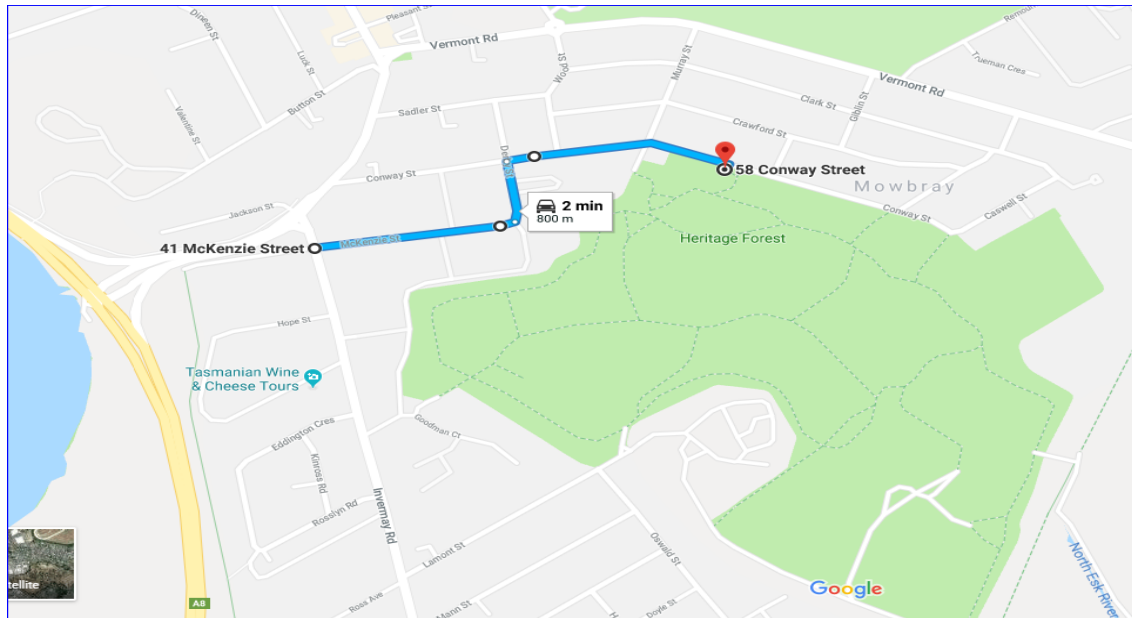
- Secondary – 3km
- Primary – 1.5km

Order of events:

- 1.5km Boys combined ages Primary School Series
- 1.5km Girls combined ages Primary School Series
- 3km combined Senior School Series (male and female run together)

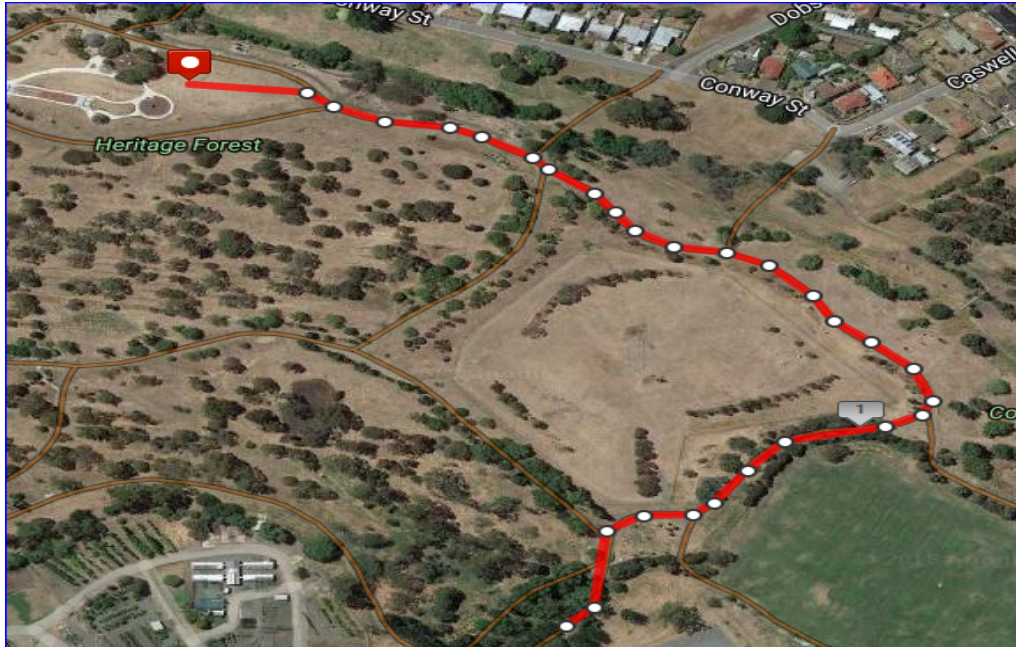
Course Description: This is an easy flat course following the trails through Heritage Forest.

How to get there: Proceed towards Mowbray via Invermay Road. Turn into Mackenzie Street and follow until you get to Conway Street where you turn right. Its approximately two blocks along on your right.



Event 1.5km:

This is an out and back course starting near the playground. It follows the trails to a cone and then returns to the start following the same track.



Event 3km

Follows the same course as the 1.5 event but further, still following the trails then return along the same course.

