

<u>Hadspen</u>

Address: 1A Claire Street, Hadspen (allow 15 mins from CBD)

Meet: Hadspen Recreation Park (Claire Street, Hadspen)

Start: 1:00pm

Order of events:

Div. 3 - 1.5km Boys combined with Primary School Series

Div. 3 - 1.5km Girls combined with Primary School Series

Div. 2 – 3km combined with Senior School Series (male and female run together) Div. 1 – 6km

Distances:

- Division 1 6km
- Division 2 3km
- Division 3 1.5km

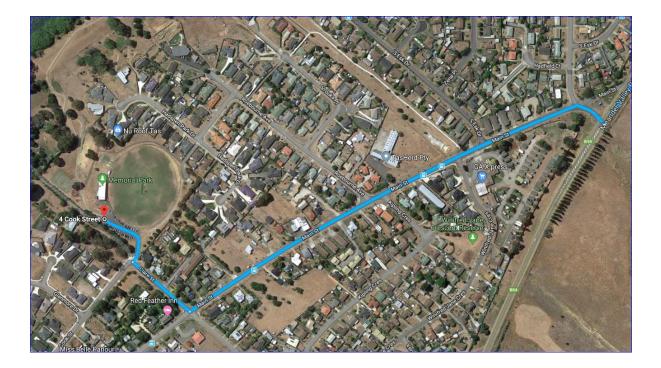
Type of Race: Handicap for Div 1 – Sealed handicap for Div 2 and 3

Course Description: Trails and paths around the Cricket ground and along the river walk area.





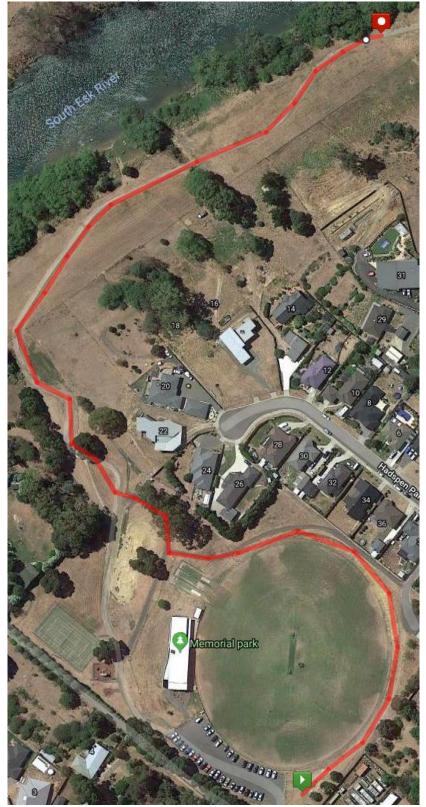
Map to Venue: Proceed to Hadspen and follow Main street. Turn into Claire Street, proceed to Recreation ground.





Event 1.5km:

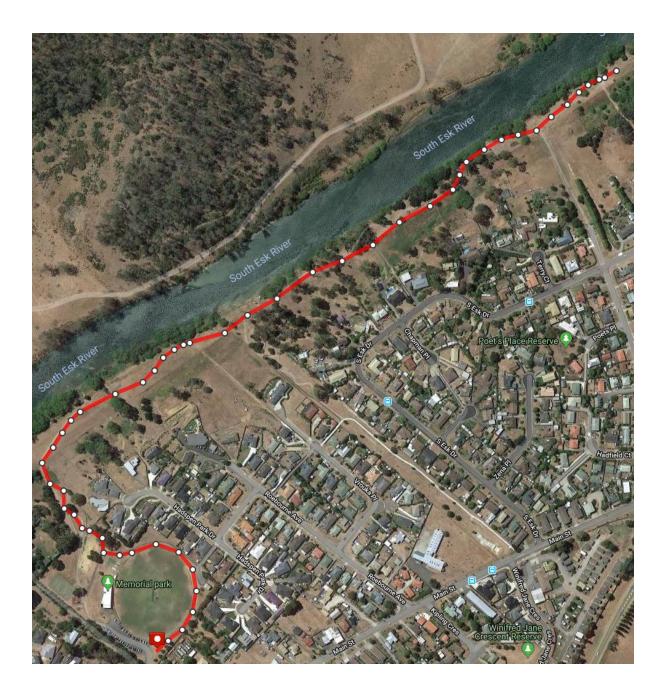
Start on right of the car park level with the barrier with chalk mark and run round the track outside the oval – Turn right downhill on the path to the river – Follow the path to the cone and return the same way and finish at the start point.





<u>Event 3km</u>

Start on right of the car park level with the barrier with chalk mark and run round the track outside the oval – Turn right downhill on the path to the river – Follow the path to cone and return.– Return the same way and finish at the start point.





Event: 6km

Nice and simple out and back along the 3km course but do it twice.

