



Cross Country End of Season Compilation

2023

Author: Barbara Clayton



Cross Country 2023 Season

RACE DAY OFFICIALS

Race Director: Ben Charles, Barbara Clayton, Alex Seen

Handicapping: Alex Seen

Timekeepers: Eric Welsh, Alex Seen, Deb McKenzie

Finish Line Recorders: Deb McKenzie and weekly volunteers

Photographer: Stewart Freak

Course Marking: Ben Charles, Alex Seen, Barb Clayton, Thomas Death and weekly volunteers

Course Marshalling: thank you to all that volunteered

Results Coordinator: Barbara Clayton

Lucky Draw Coordinator: volunteers

BBQ: Michelle Casey, Charlotte Adams, Jake Adams, and volunteers

First Aid Officers: Barbara Clayton, Ann-maree Barwick

Promotion / Advertising / Results communications: Sub committee

Trailer Towing: Brenda Giles, Emma Heynes, Barbara Clayton

CROSS COUNTRY SUB COMMITTEE

The cross country sub committee organize and run the winter cross country season. Without these people our season would not exist. A huge thank you to them all for all the work that they did.

- Ben Charles
- Barbara Clayton
- Brenda Giles
- Janet Death
- Natasha Adams
- Alex Seen
- Ben Adams
- Deb McKenzie

End of Season Dinner

- Emmalea Jones
- Louisa Rhodes
- Tash Adams
- Barbara Clayton
- Deb McKenzie
- Brenda Giles
- Janet Death

SPONSORS

Sponsors

Are businesses and families or individuals who provide funding for the club so that we can afford to operate. The money received is used to help pay for lucky draw prizes, trophies and medals, weekly prizes as well as venues who charge for the use of their grounds (and of course affiliation fees with Athletics Tasmania). Sponsors have the choice to sponsor a particular race or event or the club in general.

Thank you to our 2023 Sponsors

- Recycal (Major Sponsor)
- Soleways
- Bridport Bunker Club
- MalBren Honey
- Samuel Pepe's Café
- Physio Fit
- Carrick Pacing Club
- Old Mac's Farm
- Harveydale committee
- Holybank Treetops Adventures
- Jailhouse Grill
- Youngs Vegie Shed
- Allan's Garden Centre
- Scotch Oakburn College
- Hagley Farm School
- Launceston Lanes

THE FRIENDLY 2023 COMPETITION

WEEKLY PRIZES

Winners (first across the line) from each week

CONSISTENCY COMPETITION

To encourage regular participation, we have a consistency competition. Point scoring = 20 for first, 19 for second etc. until 11th onwards all get 10. The 3 divisions for our races are scored separately. The more points you earn the more chance you have to win and end of season trophy. To be awarded points you need to run in and complete the actual race.

Exceptions:

- A new athlete may not place (in the top 10 in the results sheet) in the individual's first 3 events and will be awarded a maximum of 10 consistency club points for each of these events. Note: this is not the case for scratch races at the beginning of the season. (scratch NOT sealed handicap) In these races new runners are able to place.
- If you run a PB in the first race of the season (Heritage Forest) from last years' best run you will be awarded 20 *extra* consistency points.
- Athletes who compete in a different division for school series so therefore do not run in their preferred (chosen) division, will receive 10 consistency points in the chosen division and no points in the division of their run.
- There will be no consistency points for the Mt Barrow run.

End of Season Trophies to be awarded to no more than 50% of participants in the division, to a maximum of 10 positions, i.e. only 10 runners in the division means only 5 trophies will be awarded, 50 runners, there will be 10 trophies.

PERSONAL BEST CHALLENGE

To encourage performance improvement over the season.

We will be comparing your speed with last season's matching venue. Obviously new runners and runners who previously competed in a different division last season will not be eligible for this challenge however they will be setting their standard for next years competition. We have a list of races that we will be calculating your PB challenge from. (see our calendar) The aim is to beat your time for that specific race from last year. Good Luck!

SCHOOL SERIES COMPETITION

Our yearly school series competition. Prizes, medals and Trophies will be awarded on the last run of the series. See our web site for full details on this competition.

NORTHERN ALL SCHOOL COMPETITION:

This event is held at Carrick Park Pacing Club with medals for age group winners on the day (and is also part of the school series competition (See website for results)

CLUB CHAMPIONS:

Fastest Male and Fastest Female in each division at each event will get one point towards Club champion award. If there is a **tie** two Club Champions will be awarded.

LONG TERM CLUBBER:

Athletes that have completed in the club for an extended period of time will be rewarded for your loyalty. Caveat: as we only have results from 2010 the calculations will be from this date. We apologise to those runners that have been with the club predating this time but this issue is beyond our control.

- 100 weeks competed – receive a certificate at the end of season dinner and a badge for your club singlet
- 150 weeks competed – receive a certificate at the end of season dinner and a badge for your club singlet
- 200 weeks competed – special commemorative club t'shirt and a certificate.

Cross Country 2023 Season

WEEKLY WINNERS

Bridport

- 1 David Hodson
- 2 Georgie Gray-Death
- 3 Elsie Jones

Carr Villa Trail

- 1 David Hodson
- 2 Luke McKenzie
- 3 Emily Barnes

Carrick Park

- 1 Melanie Death
- 2 Harry Frith
- 3 Isobel Gunn

Deloraine

- 1 Ann-Maree Barwick
- 2 Luke McKenzie
- 3 Louisa Rhodes

Georgetown

- 1 Craig Barron
- 2 Georgie Gray-Death
- 3 Grady Hoekstra

Grindelwald

- 1 Thomas Death
- 2 Cacia Charles
- 3 Connor Young

Hadspen

- 1 Melanie Death
- 2 Luke McKenzie
- 3 Isabella Morcom

Hagley Farm School

- 1 Charles Gunn
- 2 Chanel Charles
- 3 Charlotte Adams

Harveydale

- 1 Leonardo Cunha
- 2 Andrew Cassidy
- 3 Jake Adams

Heritage Forest 2

- 1 Tash Adams
- 2 Savannah McKenzie
- 3 Kade Barwick

Heritage Forest races

- 1 Charles Gunn
- 2 Lachlan Preece
- 3 Campbell Spencer

Hollybank

- 1 Thomas Death
- 2 Laura Cunha
- 3 Emmalea Jones

Inveresk / 3 Bridges

- 1 Rebecca Riedl
- 2 Chanel Charles
- 3 Phoebe Spencer

Old Mac's Farm

- 1 Emma Heynes
- 2 Andrew Cassidy
- 3 Campbell Spencer

Paper Beach

- 1 Thomas Death
- 2 Brenda Giles
- 3 Janet Death

Scotch Oakburn Park

- 1 Phillip Badcock
- 2 Harry Frith
- 3 Emily Barnes

Tailrace

- 1 Leonardo Cunha
- 2 Riley Howard
- 3 Livinia Jones

Trevallyn Reserve

- 1 Ben Adams
- 2 Cacia Charles
- 3 Kristy Bertram

Westbury

- 1 Craig Barron
- 2 Alice Gregory
- 3 Kristy Bertram

PADDY SMITH 2023 CONSISTENCY COMPETITION

Division 1

Thomas Death	297
Melanie Death	288
Ann-Maree Barwick	286
Craig Barron	275
Ben Adams	233
Charles Gunn	200
Leonardo Cunha	198
Ben Charles	177
Emma Heynes	163
Rebecca Riedl	162
David Hodson	132
Tash Adams	121
Andrew Seen	116
Brenda Giles	96
Barbara Clayton	91
Jonathan Mulford	74
Phillip Badcock	52
Richard Pickup	50
Laura Cunha	41
Alexander Seen	36
Camilla Wishaw	20
Luke McKenzie	19
Toby Taylor	13
Will Cramp	10
Sam Clifford	10
Michael Gibbons	10
Hamish Beaumont	10

Division 2

Luke McKenzie	313
Savannah McKenzie	305
Georgie Gray-Death	291
Gerard Little	253
Lachlan Preece	171
Alice Gregory	166
Amali Viney	157
Cacia Charles	140
Andrew Cassidy	118
Flynn Preece	113
Laura Cunha	99
Harry Frith	95
Chanel Charles	95
Charlotte Adams	79
Riley Howard	76
Gus McCarthy	64
Brenda Giles	62
Toby Flanagan	53
Benji Crowden	46
Emma Heynes	45
Carenza-Jane Morcom	37
Grady Frith	33
Tash Adams	28
James Preece	25
Lani Broad	20
Phillip Badcock	20
Lucy Cramp	20
Craig Barron	18
Ben Charles	17
Jake Adams	16
Lucas Taylor	14
Pip Glover	10
Will Cramp	10
Ava Murfet	10

Division 3

Campbell Spencer	297
Emmalea Jones	280
Phoebe Spencer	250
Kade Barwick	247
Louisa Rhodes	229
Livinia Jones	216
Emily Barnes	213
Dale Kean	203
Elsie Jones	179
Michelle Casey	164
Christopher Fan	163
Jake Adams	158
Freddie Gunn	155
Kristy Bertram	134
Charlotte Adams	130
Janet Death	128
Matilda Preece	96
Cacia Charles	93
Ruby Williams	91
Jagger Liu	91
Cleo Calvert	89
Isobel Gunn	71
Grady Hoekstra	68
Jasmine Liu	66
Ben Mulford	66
Isabella Morcom	61
Aspen Viney	60
Olivia Calvert	58
Connor Young	50
Jude McCarthy	39
Evie Glover	39
Pip Glover	38
Ava Murfet	34
Lucy Crowden	30
Bailey Burke	30
Carenza-Jane Morcom	30
Darcy Burke	30
Natalia Brooks	20
Nicolette Bird	20
Oliver Glover	20
Phillip Badcock	15
Lachlan Preece	10
Jacque Spencer	10
Amber Shaw	10
Chloe Taylor	10
Edith Gibbons	10
Robert Taylor	10
Josh Mau	10

Scoring = 20 for first place, 19 for second place , 18 for third place , 17 for fourth place , 16 for fifth place , 15 for sixth place, 14 for seventh place etc. until 11th onwards all get ten points. The 3 divisions for our races are scored separately. New Runners obtain a maximum of 10 points for their first 3 runs of the season.

Cross Country 2023 Season

DIVISION CHAMPIONS

The Final totals and congratulations to :

Division 1 – Ann-Maree Barwick (14) and Charles Gunn (13)

Division 2 – Savannah McKenzie (8) and Luke McKenzie (13)

Division 3 Phoebe Spencer (6) and Kade Barwick (15)

Bridport

- 1 Sam Clifford
- 1 Ann-Maree Barwick
- 2 Savannah McKenzie
- 2 Lachlan Preece
- 3 Ruby Williams
- 3 Kade Barwick

Carr Villa Trail

- 1 Charles Gunn
- 1 Camilla Whishaw
- 2 Luke McKenzie
- 2 Savannah McKenzie
- 3 Kade Barwick
- 3 Phoebe Spencer

Carrick Park

- 1 Charles Gunn
- 1 Ann-Maree Barwick
- 2 Savannah McKenzie
- 2 Lachlan Preece
- 3 Kade Barwick

Deloraine Races

- 1 Andrew Seen
- 1 Ann-Maree Barwick
- 2 Luke McKenzie
- 2 Chanel Charles
- 3 Campbell Spencer
- 3 Phoebe Spencer

Georgetown

- 1 Charles Gunn
- 1 Ann-Maree Barwick
- 2 Luke McKenzie
- 2 Chanel Charles
- 3 Kade Barwick
- 3 Phoebe Spencer

Grindelwald

- 1 Charles Gunn
- 2 Luke McKenzie
- 2 Cacia Charles
- 3 Charlotte Adams
- 3 Campbell Spencer

Hadspen

- 1 Charles Gunn
- 1 Laura Cunha

- 2 Luke McKenzie
- 2 Savannah McKenzie
- 3 Kade Barwick
- 3 Cacia Charles

Hagley Farm School

- 1 Charles Gunn
- 1 Ann-Maree Barwick
- 2 Luke McKenzie
- 2 Chanel Charles
- 3 Kade Barwick
- 3 Charlotte Adams

Harveydale

- 1 Charles Gunn
- 1 Ann-Maree Barwick
- 2 Luke McKenzie
- 2 Chanel Charles
- 3 Kade Barwick
- 3 Charlotte Adams

Heritage Forest 2

- 1 Charles Gunn
- 1 Laura Cunha
- 2 Luke McKenzie
- 2 Savannah McKenzie
- 3 Kade Barwick
- 3 Cacia Charles

Heritage Forest races

- 1 Charles Gunn
- 1 Laura Cunha
- 2 Savannah McKenzie
- 2 Lachlan Preece
- 3 Ruby Williams
- 3 Campbell Spencer

Hollybank

- 1 Ben Adams
- 1 Ann-Maree Barwick
- 2 Luke McKenzie
- 2 Laura Cunha
- 3 Lachlan Preece
- 3 Cacia Charles

Inveresk / 3 Bridges

- 1 Ben Adams
- 1 Ann-Maree Barwick
- 2 Lachlan Preece
- 2 Chanel Charles

- 3 Ruby Williams

- 3 Kade Barwick

Old Mac's Farm

- 1 Charles Gunn
- 1 Ann-Maree Barwick
- 2 Luke McKenzie
- 2 Savannah McKenzie
- 3 Kade Barwick
- 3 Phoebe Spencer

Paper Beach

- 1 Thomas Death
- 1 Ann-Maree Barwick
- 2 Luke McKenzie
- 2 Savannah McKenzie
- 3 Kade Barwick
- 3 Charlotte Adams

Scotch Oakburn Park

- 1 Charles Gunn
- 1 Ann-Maree Barwick
- 2 Luke McKenzie
- 2 Laura Cunha
- 3 Kade Barwick
- 3 Charlotte Adams

Tailrace

- 1 Charles Gunn
- 1 Ann-Maree Barwick
- 2 Riley Howard
- 2 Laura Cunha
- 3 Kade Barwick
- 3 Cacia Charles

Trevallyn Reserve

- 1 Charles Gunn
- 1 Ann-Maree Barwick
- 2 Lachlan Preece
- 2 Laura Cunha
- 3 Kade Barwick
- 3 Phoebe Spencer

Westbury

- 1 Thomas Death
- 1 Ann-Maree Barwick
- 2 Luke McKenzie
- 2 Alice Gregory
- 3 Kade Barwick
- 3 Phoebe Spencer

PERSONAL BEST CHALLENGE

Comparing your km rate this year compared to last year in the same venue and distance.

The Final totals and congratulations to:

Division 1 – Joint Winner(s) Charles Gunn and Thomas Death (no runner up as joint winners)

Division 2 – Winner Luke McKenzie and **Runner up** Savannah McKenzie

Division 3 – Winner Livinia Jones and **Joint Runners UP** Freddie Gunn, Emily Barnes and Emmalea Jones

Division 1

- 1 Barbara Clayton
- 6 Charles Gunn
- 2 Craig Barron
- 6 Thomas Death
- 3 Melanie Death
- 1 Tash Adams
- 5 Ben Adams
- 1 Brenda Giles
- 5 Rebecca Riedl
- 2 Andrew Seen
- 2 Ben Charles

Division 2

- 3 Gerard Little
- 11 Luke McKenzie
- 7 Savannah McKenzie
- 2 Alice Gregory
- 1 Chanel Charles
- 1 Cacia Charles

Division 3

- 3 Dale Kean
- 3 Janet Death
- 3 Kade Barwick
- 7 Livinia Jones
- 1 Jasmine Liu
- 1 Isobel Gunn
- 4 Freddie Gunn
- 2 Jagger Liu
- 1 Jake Adams
- 1 Elsie Jones
- 4 Emily Barnes
- 3 Louisa Rhodes
- 4 Emmalea Jones
- 1 Cacia Charles
- 2 Campbell Spencer
- 1 Phoebe Spencer

CLUB CONTRIBUTIONS

Service Award for Significant contribution to the season

- Deb McKenzie
- Barbara Clayton
- Tash Adams
- Janet Death
- Brenda Giles
- Stewart Freak
- Alex Seen
- Ben Charles
- Leo Cunha

Service Certificates

- Eric Welsh (Finish Line Timer)
- Michelle Casey (BBQ)
- Charlotte Adams (BBQ)
- Jake Adams (BBQ)
- Emma Heynes (Trailer)
- Thomas Death (Course Setup)
- Ann-maree Barwick (First Aid)

LONG TERM CLUBBER

Joining the 200 club – Luke McKenzie

Joining the 150 club – Nil

Joining the 100 club – Mel Death and Brenda Giles

200 PLUS RUNS

Name	
Gerard Little	268
Craig Barron	252
Barbara Clayton	240
Robert Gunn	229
Tony Walsh	227
Vicky Gunn	225
Adrian Tew	215
Demi Petterwood	211
Montana McKenzie	208
Steve Elton	200
Luke McKenzie	206

150 PLUS RUNS

Name	
Luke McKenzie	187
Thomas Death	197
Savannah McKenzie	192
Ben Adams	177
Macie Petterwood	162
Jonathon Death	159
Tash Adams	168
Orysia Petterwood	152
Allison Maloney	152

100 PLUS RUNS

Name	
Mick Halaby	130
David Nicholls	128
Skye Baker	127
Alyson Wood	121
Sam Clifford	121
Kye Bottle	119
Paul McShane	119
Dale Kean	136
Blaise Fitzallen	118
Quinton Death	118
Jackson Wood	116
Kate Maloney	114
Kate McShane	114
Kelly Gowans	111
Mia Hefford	110
Ruby Williams	116
Tina Gowans	107
Rebecca Riedl	120
Erin Giles	104
Annabelle Cook	102
Tony Brazendale	101
Mel Death	115
Brenda Giles	110

TASMANIAN ROAD RUNNING CHAMPIONSHIPS – 11TH JUNE 2023

Half Marathon – Open/40+/50+

- Open Half Men – 10th place Ben Adams 1:35:18

10km – U20 (note: the 10k open championships will be held as part of the Burnie 10 in Oct 2023)

- Under 20 Women – GOLD Kate Atherton 49:27
- Under 20 Women – SILVER Matilda Bosworth 52:54
- Under 20 Men – GOLD Thomas Death 47:23

5km – U14/U16/U18

- Under 14 Women GOLD – Vienna Dingemane 21.01
- Under 14 Women SILVER – Cacia Charles 21:56
- Under 16 Women - BRONZE – Chanel Charles 20:41
- Under 16 Women – 4th Place – Savannah McKenzie 22:53
- Under 14 Men – GOLD – Harry Jackson 17:35
- Under 16 Men – SILVER – Luke McKenzie 17:55

1 Mile – U12

- Under 12 Women – GOLD – Livinia Jones 8:04/M
- Under 12 Men – GOLD – Lachlan Kleinig 6:16/M
- Under 12 Men – SILVER - Cyrus Elliott 6:17/M
- Under 12 Men – 4th - Jake Adams 8:01/M

STATE ROAD RUNNING CHAMPIONSHIPS 10KM – 23RD OCT 2022

Women 10K Open

- SILVER – Camilla Whishaw

Mens 10k Open

- BRONZE – Sam Clifford
- 5th – Charles Gunn
- 7th - Matthew Zegveld
- 12th - Alex Seen

Mens 10k 40+

- GOLD - Matthew Zegveld

STATE CROSS COUNTRY CHAMPIONSHIPS – SYMMONS PLAINS – JUNE 25TH 2023

Women 4k CC Under 16

- GOLD - Alexandra Elliott
- SILVER - Savannah McKenzie

Men 4k CC Under 16

- SILVER – Luke McKenzie

Men 6k CC Under 18

- 4th - Thomas Death

STATE REPRESENTATIVES

We would like to acknowledge our athletes that were selected to represent their State in the Cross Country Championships held in August. It is a great achievement to represent Newstead Athletics and Tasmania. Please congratulate:

- Laura Cunha
- Sophie Marshall
- Flynn Preece
- Vienna Dingemane

The Committee hope you have enjoyed your season with Newstead Athletics. If you are competing in the Track and Field Season, See you at the track or if not in our 2024 Cross Country Season

