

New Runners:

Athletes that have not participated in **at least 3 events in the previous season** with Newstead Athletics will be classified as new runners.

- For previous season runs to be counted the athletes need to have been registered as OOS at a minimum at the time of running the event(s).
- School series events are not counted as runs with the club UNLESS the athlete is also a financial member of the club (OOS or above) at the time of the event and has also registered for the club event.
- Race Placings for new runners - A new athlete may not place (*in the top 10 in the results sheet*) in the individual's **first 3 events** and will be awarded a maximum of 10 consistency club points for each of these events. *The Exceptions are the scratch races at the beginning of the season. (scratch NOT sealed handicap)*
- The three events must be run on different weeks – i.e. you can't run in the Div. 1, Div. 2 and Div. 3 race in a single week to remove the new runner status.
- *Consistency competition* – new runners will be awarded a maximum of 10 consistency club points for each of their first three events.
- For an event to be counted the athlete needs to have registered for the club event.
- Handicapping for new runners – see handicapping guidelines and notes below